



Course Name: Level 3 Diploma in Anatomy and Physiology

Total Hours: 50

Qualification: ITEC

**Course Requirement:** It is recommended that Candidates should have achieved a level of education equivalent to five GCSEs at grades A\*- C prior to commencing this course, however, exemptions may be made for adult returners with experience of the work place.

**The qualification is suitable for:**

Any adult returnee with a good basic general education returning to education with a desire to work as a Massage Therapist or Reflexologist for which the A&P award is a pre-requisite

Anyone already working as a Nurse or Carer who may wish to become a Complementary Therapist as the A&P is a pre-requisite qualification to many other awards

Anyone involved in Gym or Aerobics who must have a good understanding of the body structure or who may wish to add Sports Massage to their skills, as the A&P with Holistic Massage is a pre-requisite for this qualification

Anyone who wishes to train as a Beauty Therapist

**Course Information:**

☉ **Guided learning Hours:**  
Anatomy & physiology – 50 hours

☉ **Understand and explain the following topics:**

- The Skeletal System
- The Muscular System
- The Skin
- The Cell
- The Circulatory System
- The Lymphatic System
- The Neurological System
- The Endocrine System
- The Respiratory System
- The Digestion System
- The Urinary System
- The Reproductive System.

☉ **Assignment Guidance:**

- ☉ Theory Assessment

