

Course Name: Level 3 Diploma in Lymphatic Drainage Massage

Total Hours: 50

Qualification: ITEC

Course Requirement: It is recommended that Candidates should have achieved a level of education equivalent to five GCSEs at grades A*- C prior to commencing this course, however, exemptions may be made for adult returners with experience of the work place.

There is also a pre-requisite of the ITEC Level 3 Diploma in Holistic Massage or the ITEC Level 3 Diploma in Body Treatments including ITEC Level 2 unit in Professional Conduct and Business Awareness or their equivalents

Course Information:

🕒 **Guided learning Hours:**

Lymphatic Drainage Massage – 50 hours

🕒 **Understand and explain the following topics:**

- Concept of holistic approach and the term integral biology
- The structure and function of the lymphatic system
- Lymphatic system and blood circulation
- Common diseases and disorders of the lymphatic system
- Methods of consultation
- Contraindications, to understand and recognize the different conditions.
- Client care – to understand and demonstrate appropriate care during the treatment.
- Lymphatic Drainage massage, to demonstrate the step by step procedure
- Effect of Lymphatic Drainage massage
- The correct hygiene procedure
- Aftercare/ Homecare – to understand the important of giving appropriate advice after treatment.
- Complementary Therapies – to understand other complementary therapies and how they are performed

🕒 **Assignment Guidance:**

🕒 **Practical Assessment**

- All candidates will be assess via a practical examination of their technical skills and treatment techniques

🕒 **Treatment evidence**

- Evidence of 3 clients to be treated 3 times each for lymphatic drainage massage

🕒 **Theory Assessment**

